

NEWSLETTER

Erasmus+ KA210-ADU - Small-scale Partnerships in Adult Education

**“Enhancing Motivation, Participation and Opportunities
of ADULTS in WatER Sustainability - ADULT-EMPOWERS”**
(2024-1-EL01-KA210-ADU-000254115)

Activity 4: Learning, Teaching and Training (LTT) Activity Cava de' Tirreni, Italy, 9-13 October 2025

As part of the Erasmus+ KA210-ADU Small-scale Partnerships in Adult Education **“Enhancing Motivation, Participation and Opportunities of ADULTS in WatER Sustainability – ADULT EMPOWERS”**, the second Learning, Teaching and Training (LTT) Activity was successfully organized in **Cava de' Tirreni** on **9-13 October 2025**.

Associazione Culturale "PuntoEuropa" was the leading organization of this LTT activity. Totally 17 adult participants attended the LTT activity from the three participating countries (Greece, Poland and Italy).



The aim of this LTT activity was to promote awareness of water sustainability while highlighting the importance of the UN' 17 Sustainable Development Goals. Through a dynamic mix of educational workshops and hands-on field experiences, this activity empowered adult learners to take meaningful action toward a more circular and sustainable economy.

Partners of the Erasmus+ Project “ADULT-EMPOWERS”

1. Hellenic Open University (Greece) – Coordinator
2. Politechnika Gdanska (Poland)
3. Achaiko Instituto Ekpedefsis Enilikon (Greece)
4. Associazione Culturale "PuntoEuropa" (Italy)



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The LTT programme began with a visit to Green HUB, an innovative space created by Lega Ambiente, an NGO focused on environmental issues and the circular economy. Two environmental engineering experts gave insightful presentations. The first highlighted the importance of quality management systems and ISO certifications in promoting sustainability and adaptability to climate crisis. The second focused on chemical engineering solutions for a water-resilient future, covering sustainable water management, wastewater treatment, and links to the UN's 17 Sustainable Development Goals. The day closed with a cultural visit to the Benedictine Abbey of Cava de' Tirreni, encouraging reflection on the ties between heritage, nature, and sustainable development.



Beyond the theoretical sessions, the LTT activity included on-site excursions that brought the learning to life. Participants visited the Vulpacchio thermal baths and the Sele River, where they experienced the therapeutic properties of natural springs and explored traditional thermal therapies, highlighting the value of water in both health and sustainability.

The following day featured a guided trekking in Vallo della Lucania and the Novi Velia forest, leading participants to the sources of a river used by the local utility. They observed how water is collected and stored before being distributed, gaining valuable insight into the full water cycle. The day ended with a surprise forest barbecue hosted by the local water company, featuring regional delicacies, such as caciocavallo cheese, prosciutto, grilled pork ribs and sausages, sweets and local wine.

This LTT activity successfully blended education, real-world engagement, and cultural immersion, leaving participants motivated to support water sustainability in their own communities!

Website and Social Media of "ADULT-EMPOWERS"



<https://dia.eap.gr/erasmus/>



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