

# NEWSLETTER

## Erasmus+ KA210-ADU - Small-scale Partnerships in Adult Education

### “Enhancing Motivation, Participation and Opportunities of ADULTS in WatER Sustainability - ADULT-EMPOWERS” (2024-1-EL01-KA210-ADU-000254115)

#### Activity 5: Learning, Teaching and Training (LTT) Activity Patras, Greece, 23-27 April 2026

We are excited to announce the publication of the Newsletter of the third Learning, Teaching and Training (LTT) Activity implemented within the framework of the Erasmus+ KA210-ADU Small-scale Partnerships in Adult Education project “**Enhancing Motivation, Participation and Opportunities of ADULTS in WatER Sustainability – ADULT EMPOWERS**”.

The LTT Activity was successfully organized in **Patras** from **23 to 27 April 2026** by the coordinating Higher Education Institute, Hellenic Open University (HOU) and was attended by 19 adult participants from the three participating countries: Greece, Poland and Italy.



The third LTT Activity, based on a combination of educational workshops and hands-on field experiences, aimed to train adult participants in proper water management practices and motivate them to adopt more sustainable behaviours that support the circular economy of water and environmental sustainability in their everyday lives.

#### Partners of the Erasmus+ Project “ADULT-EMPOWERS”

1. Hellenic Open University (Greece) – Coordinator
2. Politechnika Gdanska (Poland)
3. Achaiko Instituto Ekpedefsis Enilikon (Greece)
4. Associazione Culturale "PuntoEuropa" (Italy)



Co-funded by  
the European Union



HELLENIC  
OPEN  
UNIVERSITY

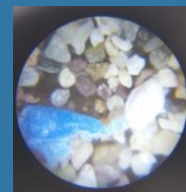


GDANSK UNIVERSITY  
OF TECHNOLOGY



The first day of the LTT Activity included a series of engaging presentations and workshops delivered by experts in the field of water management in the Region of Western Greece. More specifically, the adult participants were introduced to actions related to urban wastewater treatment and water reuse and initiatives undertaken by the regional authorities to monitor water quality in waste landfills and wastewater treatment plants. Moreover, the participants had the opportunity to virtually explore the operation of a regional wastewater treatment plant and learn about risk-based water governance practices in Europe. They concluded that the future of water management lies not in stricter limits, but in a better understanding and management of risks.

A particularly interesting part of the first day was the visit to the park of the Agia Wetland in the suburbs of Patras, including a walk along the bridge crossing the wetland and an interactive activity on microplastic pollution. Through this activity, participants discovered ways to remove microplastics from soil and sand and observed them using a portable microscope.



The following day included hands-on field visits to the lagoons of Aitoliko and Mesolonghi, the regional Salt Museum, and the archaeological site of Ancient Plevron, where participants explored practices of water management dating back to ancient times. The final day also featured on-site learning experiences highlighting the importance of water in religion through a visit to the Holy Water Crypt of Saint Andrew's Church in Patras, as well as the significance of water in the Patras region since ancient years, as noted during the visit to the Archaeological Museum.

Before the closure of this amazing LTT activity, the participants worked in groups to propose actions that could be implemented at local and regional levels to improve water management, which were uploaded to the EPALE platform.

### Website and Social Media of "ADULT-EMPOWERS"



<https://dia.eap.gr/erasmus/>



<https://www.facebook.com/groups/1317988932596462>



[adultempowers](https://www.instagram.com/adultempowers)

